



# State Resources for Seniors in Vermont

At Caring, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Food insecurity is an issue many seniors face, so Vermont residents have a variety of options to ensure they have access to regular, nutrient-rich foods. If your income doesn't fully cover your nutritional needs, you may qualify for assistance through the Meals on Wheels program, one of your local food pantries or one of the appropriate state-run programs.

## Meals on Wheels

Eligible seniors can take advantage of their local Meals on Wheels program, receiving deliveries of hot prepared meals on a preset schedule. Programs are run separately and will offer different delivery dates and times. The number of meals you qualify for may also vary by location.

	Area Served	Address	Phone Number
<b>Meals on Wheels Central Vermont</b>	Barre City, Barre Town, Berlin, Orange, Washington and Williamstown	14 Washington Street, Suite 511 Barre, VT 05641	(802) 479-9175
<b>Vermont Center for Independent Living</b>	Montpelier, Bennington, Brattleboro, Burlington, Morrisville and Rutland	11 East State Street Montpelier, VT 05602	(802) 224-1823
<b>Meals on Wheels of Lamoille County</b>	Lamoille County and Worcester	21 Munson Avenue, Suite 2 Morrisville, VT 05661	(802) 888-5011
<b>Chelsea Senior Center</b>	Chelsea, Tunbridge and Vershire	512 Washington Street Chelsea, VT 48118	(734) 475-9242
<b>Orange East Senior Center</b>	Bradford, Corinth, Fairlee, Newbury and Topsham	176 Waits Road Bradford, VT 05033	(802) 222-4782
<b>Quin-Town Senior Center</b>	Granville, Hancock, Pittsfield, Rochester and Stockbridge	1097 Vermont Route 100 Hancock, VT 05748	(802) 767-3763

<b>City Hotel Café</b>	Barre City, Barre Town, Orange, Washington, Williamstown and areas of Berlin	14 Washington Street Barre, VT 05641	(802) 479-9175
<b>Montpelier Senior Activity Center</b>	Montpelier and southwest Berlin	58 Barre Street Montpelier, VT 05602	(802) 223-2518
<b>South Royalton Senior Center</b>	Bethel, Royalton and Sharon	4266 Vermont Route 14 Royalton, VT 05068	(802) 763-7386
<b>Randolph Senior Center</b>	Braintree, Brookfield and Randolph	6 Hale Street Randolph, VT 05060	(802) 728-9324
<b>Mad River Valley Senior Center</b>	Fayston, Waitsfield, Warren, Duxbury and Moretown	5398 Main Street Waitsfield, VT 05673	(802) 496-2543
<b>Northfield Senior Center</b>	Northfield, Roxbury and Berlin	168 Wall Street Northfield, VT 05663	(802) 485-8112
<b>Twin Valley Senior Center</b>	Cabot, Calais, East Montpelier, Marshfield, Plainfield and Woodbury	4583 U.S. Route 2 East Montpelier, VT 05651	(802) 223-3322
<b>Waterbury Area Senior Center</b>	Waterbury, Middlesex, Duxbury and Moretown	14 Stowe Street Waterbury, VT 05676	(802) 244-1234

## Food Pantries

Vermont offers dozens of food pantries to ensure seniors always have access to nutritious food. Aside from a statewide program, there are several smaller, localized organizations that serve their immediate areas. The hours of operation and eligibility criteria vary by location.

	<b>Area Served</b>	<b>Address</b>	<b>Phone Number</b>
<b>Vermont Foodbank</b>	Statewide at designated pickup locations	33 Parker Road Barre, VT 05641	(800) 585-2265
<b>Hardwick Area Food Pantry</b>	Hardwick, Albany and Craftsbury	39 W Church St Hardwick, VT 05843	(802) 472-5940

<b>Deerfield Valley Food Pantry</b>	Dover, Halifax, Marlboro, Readsboro, Searsburg, Whitingham and Wilmington	7 Church Street Wilmington, VT 05363	(802) 464-0148
<b>Randolph Area Food Shelf</b>	Randolph, Braintree, Brookfield and East Granville	12 Prince Street, Unit 3 Randolph, VT 05060	(802) 431-0144

## Government Assistance Programs

If the above programs are not able to accommodate your food insecurity, the following government programs may be able to provide additional assistance:

	Area Served	Address	Phone Number
<b>3SquaresVT</b>	Statewide	Visit your local Economic Services Department office	(800) 479-6151
<b>Senior Farm Share Program</b>	Participating housing sites	P.O. Box 697 Richmond, VT 05477	(802) 434-4122